# PACE Enrollment Reduces Caregiver Burden

Program of All-Inclusive Care for the Elderly (PACE) provides integrated interdisciplinary preventive, primary, acute, and long-term managed care and support to individuals who are 55 and older and qualify for nursing home care. PACE is in 31 states across the U.S.

### **RESPONDENT PROFILE** WHAT IS CAREGIVER BURDEN? Caregiver burden is defined as the perceived **51%** ARE UNDER THE negative impacts on their own independence, 71% AGE OF 64 finances, and social life, as well as the decline **50% LIVE WITH CARE** of their physical and emotional health **RECIPIENT** MALE because of caregiving responsibilities. **FEMALE 49% ENROLLED IN** PACE > 2 YEARS **50% DAUGHTERS/SONS OR IN-LAWS CAREGIVERS WITH** "HIGH BURDEN" LEVELS **DECREASED FROM 48% BEFORE** 00 **TO 17% AFTER** PACE ENROLLMENT PACE CENTERS REPRESENTED REPORTED **DECREASE IN** BURDEN AFTER PACE **CAREGIVERS ENROLLMENT OF PACE PARTICIPANTS**

# WHO EXPERIENCES A GREATER REDUCTION IN BURDEN?

Burden decreased regardless of caregiver age, gender, relationship to participant, whether they live with the participant or not, or the length of time the participant has been enrolled in PACE.

#### **HOWEVER....**

Females and those who do NOT live with the participant experienced a greater burden reduction.

## NOT ONLY DOES PACE DECREASE BURDEN



9 out of 10 say PACE helped them become a better caregiver

97% would recommend PACE to others

## **QUESTIONS?**









